

# MENTAL HEALTH DELIVERY PLAN (CYP)

Work stream 1							
High Level Target Improve the mental health and wellbeing of Halton people through prevention and early detection			Target to measure success Increase of 1% in self-reported wellbeing (feeling worthwhile). Baseline (2012) 17.6%				
	Action	Source/Links to	Responsible group	Responsible lead	Also including	Timescales	Expected Outcomes
Children and young people	Provide resources and information packs to enable schools, colleges, youth hostels, YOT, Youth centres, voluntary organisations to promote good mental health alongside targeted support for those identified as at risk of mental health problems or suicide. The information should cover bullying, and cyber bullying. Develop clear protocols on how to respond ensuring clear referral routes into specialist support.	Mental Health and Wellbeing Strategy 2013/18; Suicide Prevention Strategy; Young Peoples' Plan; Closing the Gap Priority 17; New SEN Code of Practice.	Mental Health Promotion Group	Simon Bell	Julia Rosser/Simon Bell		Improved awareness of mental health issues, reduced myth and stigma. Enables professionals to support and signpost to the right services.
	Implement regular health checks for under 14s with a Learning Disability	Commissioning Intentions 2014/15,	LD Partnership Board	Lisa Birtles smith	Lynne MacGugan		Early detection of physical health problems

Work stream 2							
High level target Increased early detection of mental health problems leading to improved mental wellbeing for people with mental health problems and their families			Target to measure success Improved access to Psychological Therapies - 10.5% of people with depression or anxiety disorders will receive psychological therapies.				
	Action	Source/Links to	Responsible group	Responsible lead	Also including	Timescales	Expected Outcomes
<b>Children &amp; young people</b>	Provide additional support for young carers to reduce social isolation and exclusion	Carers Strategy/review of carers centre	Young Carers Strategy Group	Janice Madison	John Bucknall		
	Developing clear protocols to improve the care and support offered to those who self-harm by changing the way frontline health services respond to self-harm.	Closing the Gap Priority 14; Suicide Prevention Strategy.	Young Peoples Emotional Health & WellBeing Board	Gill Frame	John Bucknall		Reduction in repeat attendances and hospital admission rates for self-harm
	Increase knowledge of health care and social care staff in relation to early identification of young people who may be experiencing emotional wellbeing/mental health problems	No health without Mental Health	Young Peoples Emotional Health & WellBeing Board	Gill Frame	Julia Rosser/Simon Bell		
Workstream 3							

<b>High level target</b> Improve outcomes for people with identified MH problems through high quality accessible services			<b>Target to measure success</b> 100% of commissioned services working towards compliance with NICE guidelines for Patient Experience of Mental Health				
	<b>Action</b>	<b>Source/Links to</b>	<b>Responsible group</b>	<b>Responsible lead</b>	<b>Also including</b>	<b>Timescales</b>	<b>Expected Outcomes</b>
<b>Children &amp; young people</b>	Review school nurse provision and amend service spec to include social/emotional/mental health outcomes.	PH commissioning intentions; Closing the Gap Priority 17.	Young Peoples Emotional Health & WellBeing Board	Simon Bell	Gill Frame		Resources and information packs available to teachers and lecturers.
	Oversee and ensure Emergency Departments offer a referral for a psychosocial assessment as set out in the NICE guidelines by including this requirement in service specs/contracts.	No health without Mental Health	Young Peoples Emotional Health & WellBeing Board	Sheila McHale	Simon Postlethwaite	After pending procurements	
	Develop a clear pathway to provide support for children of parents with mental health conditions and/or substance misuse issues in order to reduce social exclusion and isolation	Closing the Gap Priorities	Young Carers Group	Janice Madison	John Bucknall		
	Improve access to psychological therapies for children and young people	Closing the Gap Priority 6	Young Peoples Emotional Health & WellBeing Board	Gill Frame	Tarnia Woods		
	Improve data collection systems across the health economy to develop a standardised dashboard.	Closing the Gap: Priority 11	Young Peoples Emotional Health & WellBeing Board	Julia Rosser	Simon Bell		
<b>Workstream 4</b>							

<b>High level target</b> Broaden the approach taken to tackle the wider social determinants and consequences of mental health problems			<b>Target to measure success</b> 100% of commissioned services taking up anti-stigma/mental health awareness training				
	<b>Action</b>	<b>Source/Links to</b>	<b>Responsible group</b>	<b>Responsible lead</b>	<b>Also including</b>	<b>Timescales</b>	<b>Expected Outcomes</b>
<b>Children &amp; Young People</b>	Devise and deliver school based approaches to promote awareness among staff, pupils and parents and increase understanding of mental health issues. Re-enforce the message "mental health can affect anybody". Ensure young people know how to access support in times of need.	Suicide Prevention Strategy	Adults & Older Peoples Mental Health Delivery Group	Simon Bell	Simon Bell		Children and young people will be better aware of mental health issues and will feel more comfortable discussing how they feel.
<b>Work stream 5</b>							
<b>High level target</b> Optimise value for money by developing quality services which achieve positive outcomes for people within existing resources			<b>Target to measure success</b> Improved outcomes relative to spend - shift in the Spend and Outcomes Tool (SPOT) from lower spend worse outcomes to lower spend better outcomes				
	<b>Action</b>	<b>Source/Links to</b>	<b>Responsible group</b>	<b>Responsible lead</b>	<b>Also including</b>	<b>Timescales</b>	<b>Expected Outcomes</b>
<b>Children &amp; young people</b>	Reducing waiting times for Tier 2 and Tier 3 services for Children and Young People with reduced waiting times for Tier 2 and 3	Commissioning Intentions 2014/15; Closing the Gap Priority 3 and 6.	Young Peoples Emotional Health & WellBeing Board	Gill Frame	Sheila McHale		